

# Mental health offers and providers.

## Health Insurance Livo Top and Livo Smart.

CSS pays a share of the cost of the offers related to mental health listed below under "Health Insurance Livo Top" and "Health Insurance Livo Smart" supplementary insurance, taking into account the cost participation and maximum amounts indicated.

**Cost participation and maximum amount**  
(see Art. 2.1.5 SC)

| Health Insurance Livo Smart               | Health Insurance Livo Top                   |   |
|---|---|---|
|   | Balance                                     | Premium                                     |
| 50%,<br>max. CHF 500<br>per calendar year | 75%,<br>max. CHF 1,000<br>per calendar year | 75%,<br>max. CHF 3,000<br>per calendar year |

The obligation to pay benefits is governed by the General Insurance Conditions (GIC) and the Supplementary Conditions (SC) of "Health Insurance Livo Top" and "Health Insurance Livo Smart".

The following list is compiled by CSS and may be amended unilaterally by CSS (see Art. 40.2 GIC).

| Offer                     | Recognised providers               |
|---------------------------|------------------------------------|
| Non-medical psychotherapy | CSS-recognised therapists          |
| Digital support offers    | HelloBetter, Mindable Health, YLAH |

**Additional notes**

- CSS pays a share of the cost only if the services are provided by therapists who are recognised by CSS. The Client Service Centre can provide information about CSS-recognised providers.
- Non-medical psychotherapy is only reimbursed if the provider is not recognised under mandatory basic insurance.

**We are here for you and happy to help:**  
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